

A.L.I.V.E. Bible Study
Date: August 6, 2017
Hebrews 4:1-13

1. What is the rest that the writer of the Hebrews is talking about in 4:1, 3, 5, 6, 8, 9, 10, and 11?
 - a. Sunday...That's why I don't come to church. I'm resting!
 - b. Saturday...4:4 and 4:9 talk about Sabbath-rest on the seventh day, so I rest on the real Sabbath!
 - c. The rest of the promised land that was not given to the people of God in the time of Moses, but then was given in the time of Joshua.
 - d. Heaven...4:8 says that God promised another rest that was not given in the time of Joshua. We won't ever really know rest until we get to heaven and 4:11 seems to be talking about the rest that we make every effort to enter...and not perish.
 - e. None of the above! In the theme of Hebrews, the writer is talking about the rest found in Christ alone. For the believer, our rest is a spiritual rest that we can experience even in labor, knowing that we are in right relationship with our creator. It should begin today and never leave.

2. What is it that can cause us to found to have fallen short of His rest, according to 4:1-3?
 - a. I thought we received salvation and rest by grace alone and we couldn't be found to have fallen short!
 - b. 4:2 and 4:6 say that we can fail to enter his rest for the same reason that the people of Israel did not enter the promised land...their lack of faith caused them to disobey!

3. What does Hebrews 4:6 say about our opportunity today to enter his rest?
 - a. Some have rejected that opportunity already by their disobedience, despite hearing the good news.
 - b. We still have the opportunity

4. What do verses 12-13 say about God's word?
 - a. It is an old history book.
 - b. It is a book full of tender and encouraging passages.
 - c. It is living.
 - d. It is active.
 - e. It divides.
 - f. It exposes.

5. Is this passage talking about the Bible or something else? _____

6. How does this apply to the previous section of the passage that we have been studying?
 - a. Hmmm...It seems like he changed subjects.
 - b. When the word of God is declared, it divides and we have the opportunity to choose to obey or to disobey...and thus make a decision about whether we will enter God's rest.